

# What does your baby need on their first day at Esperanza?

1. **For Your Teacher** (they will store these things for you):

- Five rolls of **Bounty paper towels** (Bounty only, please!) per month
- Diapers** for the week, at least 7 per day
- Diaper rash ointment**
- Pain reliever/ fever reducer** for children under the age of 6 months. *Must include dosing instructions for your child's age from your pediatrician OR must include dosing instructions for you child's age on the pre-printed label.*
- A **written daily schedule** for your baby. Please include what time your baby eats (or frequency), usual nap times and any other special request or information. This schedule must be signed, dated and updated ever 30 days.
- At least **2 changes of clothes**
- Pacifiers**, if your child uses them
- At least **2 bibs**
- A **family photo**, for the class

2. **For the Refrigerator** (please stock in your fridge cubby):

- Formula or Breast Milk.** If you bring formula, it must be pre-mixed or pre-measured. Estimate how many bottles your baby will need and bring an extra one,
- If your child is eating **food**, please provide an appropriate amount of food which your child enjoys. If they are eating cereal, please pre-measure feedings.

3. **For the Crib:**

- Bring a **t-shirt** that either **Mon or Dad** (or both) has worn (do not wash!) This helps baby transition to a different physical environment with familiar smells.
- If your choose, you may provide decorations for your child's sleep space. Large soft blankets, quilts, bumper pads and soft toys are not permitted in the bed.

**ALL personal belongings** (including clothes, bottles and tops, pacifiers, paper towels, etc.) **Must be labeled** with your child's name using a permanent marker or labels ([www.namebubbles.com](http://www.namebubbles.com)).

**Due to limited storage, car seats cannot be left in your child's class or in the hallways.**

You are welcome to call at any time to check on you baby. The main number is **(832) 308-1930**.

Your class room extension is: \_\_\_\_\_

